



**GOTHAM  
MEDICAL  
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## **Infrared Coagulation for Hemorrhoids**

### **What is Infrared Coagulation?**

Infrared Coagulation (IRC) is a non-invasive, non-surgical hemorrhoid treatment. Many medical studies have found IRC to be the non-surgical hemorrhoid treatment of choice because it is fast, well tolerated by patients, and virtually problem free. A small probe contacts the area above the hemorrhoid, exposing the tissue to a quick pulse of infrared light. This coagulates the vein above the hemorrhoid causing the hemorrhoid to shrink and recede.

### **How Many IRC Treatments will I Need, and How Long is the IRC Procedure?**

There are usually three different areas inside the rectum where hemorrhoids occur, and they are referred to as complexes. One area, or complex, is treated at each visit. The number of treatments required will vary from patient to patient but may require up to three or four treatments. The IRC treatment usually lasts about 10 minutes.

### **Is A Preparation Required for the Procedure?**

No preparation is required. However, if you wish to be sedated for the procedure, you will need to fast for 8 hours and arrange for an escort to take you home from our office.

### **Can Actively Bleeding Hemorrhoids Be Treated?**

Yes. The bleeding should significantly decrease with just the first IRC treatment, but additional treatments are usually required.

### **How Successful is IRC?**

Millions of patients have been successfully treated with IRC. In a large study, 92% of patients receiving Infrared Coagulation hemorrhoid treatment reported they were symptom-free following IRC therapy. A sensible diet, moderate exercise and proper bowel habits will also help keep you hemorrhoid free.